

# C.I.S.D. FOOD SERVICE DEPARTMENT

## Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Aug - 23</p> <p>Pancakes Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Peaches Sliced JUICE, VARIETY MILK - Variety</p>	<p>Aug - 24</p> <p>Pop Tart Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety</p>	<p>Aug - 25</p> <p>Cinnamon Rolls String Cheese Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Rosy Applesauce JUICE, VARIETY MILK - Variety</p>	<p>Aug - 26</p> <p>French Toast Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety</p>	<p>Aug - 27</p> <p>Breakfast Pizza Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Pineapple Tidbits JUICE, VARIETY MILK - Variety</p>
<p>Aug - 30</p> <p>Breakfast Apple Frudel String Cheese Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety</p>	<p>Aug - 31</p> <p>Sausage Wrapped Pancake Cheese Toast Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Fruit Cocktail JUICE, VARIETY MILK - Variety</p>	<p>Sep - 1</p> <p>SCRAMBLED EGGS Hashbrown/Sausage/Biscuit Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety</p>	<p>Sep - 2</p> <p>Strawberry Muffins String Cheese Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Banana JUICE, VARIETY MILK - Variety</p>	<p>Sep - 3</p> <p>Breakfast Pizza Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety</p>
<p>Sep - 6</p> <p>HOLIDAY</p>	<p>Sep - 7</p> <p>Morning Sausage Roll Cheese Toast Cinnamon Toast Crunch Reese's Puffs Honey Nut Cheerios Cocoa Puffs Total Raisin Bran Breakfast/Toast Peaches Sliced JUICE, VARIETY MILK - Variety</p>	<p>Sep - 8</p> <p>Pumpkin Muffins String Cheese Reese's Puffs Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Total Raisin Bran Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety</p>	<p>Sep - 9</p> <p>Sausage and Biscuit Cinnamon Toast Crunch Reese's Puffs Honey Nut Cheerios Cocoa Puffs Total Raisin Bran Breakfast/Toast Pears, Slice JUICE, VARIETY MILK - Variety</p>	<p>Sep - 10</p> <p>Breakfast Pizza Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety</p>
<p>Sep - 13</p> <p>Glazed Donut Cheese Toast Cinnamon Toast Crunch Reese's Puffs Honey Nut Cheerios Cocoa Puffs Total Raisin Bran Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety</p>	<p>Sep - 14</p> <p>Cinnamon Rolls String Cheese Cinnamon Toast Crunch Reese's Puffs Honey Nut Cheerios Cocoa Puffs Total Raisin Bran Breakfast/Toast Banana JUICE, VARIETY MILK - Variety</p>	<p>Sep - 15</p> <p>Pop Tart String Cheese Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Fruit Salad JUICE, VARIETY MILK - Variety</p>	<p>Sep - 16</p> <p>Banana Nut Muffins String Cheese Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Watermelon Cubes JUICE, VARIETY MILK - Variety</p>	<p>Sep - 17</p> <p>Breakfast Cherry Frudel String Cheese Cinnamon Toast Crunch Reese's Puffs Honey Nut Cheerios Cocoa Puffs Total Raisin Bran Breakfast/Toast Pineapple Tidbits JUICE, VARIETY MILK - Variety</p>
<p>Sep - 20</p> <p>Pancakes Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Peaches Sliced JUICE, VARIETY MILK - Variety</p>	<p>Sep - 21</p> <p>Pop Tart Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Pears, Slice JUICE, VARIETY MILK - Variety</p>	<p>Sep - 22</p> <p>Cinnamon Rolls String Cheese Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Rosy Applesauce JUICE, VARIETY MILK - Variety</p>	<p>Sep - 23</p> <p>French Toast Cinnamon Toast Crunch Honey Nut Cheerios Cocoa Puffs Reese's Puffs Total Raisin Bran Breakfast/Toast Oranges/M.S. JUICE, VARIETY MILK - Variety</p>	<p>Sep - 24</p> <p>Breakfast Pizza Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Pineapple Tidbits JUICE, VARIETY MILK - Variety</p>

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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## Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 27	Sep - 28	Sep - 29	Sep - 30	
Breakfast Apple Frudel String Cheese Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Cantaloupe JUICE, VARIETY MILK - Variety	Sausage Wrapped Pancake Cheese Toast Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Fruit Cocktail JUICE, VARIETY MILK - Variety	SCRAMBLED EGGS Hashbrown/Sausage/Biscuit Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Applesauce Sweet JUICE, VARIETY MILK - Variety	Strawberry Muffins String Cheese Cinnamon Toast Crunch Honey Nut Cheerios Reese's Puffs Cocoa Puffs Total Raisin Bran Breakfast/Toast Banana JUICE, VARIETY MILK - Variety	

Menu subject to change. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

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