

C.I.S.D. FOOD SERVICE DEPARTMENT

Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 23 Steak Fingers Chicken Spaghetti Mozzarella Cheese Toast Chicken Noodle Soup Crackers Scalloped Potatoes Buttered Carrots Green Beans Peaches Sliced Tossed Salad Waldorf Fruit Salad Ranger Cookie JUICE, VARIETY MILK - Variety	Aug - 24 PIZZA, PEPPERONI SPAGHETTI AND MEAT SAUC Bread Sticks Corn Frozen Cheesy Cauliflower Dry Pinto Beans Corn Bread Tossed Salad Cantaloupe Banana JUICE, VARIETY MILK - Variety	Aug - 25 Nachos /M.S.&H.S. Chicken Quesadillas Tortilla Soup Refried Beans Hot Cinnamon Apples SPANISH RICE Tossed Salad Peaches Chocolate Pudding JUICE, VARIETY MILK - Variety Jalapenos	Aug - 26 Country Fried Steak Hot Rolls Chicken Fajita Wrap Creamy Mashed Potatoes Country Gravy Squash Casserole Broccoli Watermelon Cubes YOGURT Plain Jello Celery Sticks Tossed Salad JUICE, VARIETY MILK - Variety	Aug - 27 Hamburger on a Bun Cheeseburger On A Bun Baked Potato, Ham/Cheese/Mar BBQ Baked Lays/Cool Ranch California Mixed Vegetables BAKED BEANS Lettuce & Tomato pickle slices Carrot Sticks Oranges/M.S. Orange Sherbet JUICE, VARIETY MILK - Variety
Aug - 30 Chicken Sandwich BBQ Brisket/Bun Broccoli/Cheese Soup Crackers Sweet Potato Fries Peas, Green Peaches Sliced YOGURT Lettuce & Tomato pickle slices Watermelon Cubes Cake Chocolate JUICE, VARIETY MILK - Variety	Aug - 31 PIZZA, PEPPERONI Shrimp Poppers Dry Pinto Beans Corn Bread Broccoli-Rice Casserole Corn on the Cob Rosy Applesauce Fruit Cocktail Tossed Salad Banana JUICE, VARIETY MILK - Variety	Sep - 1 Tamales Chili, Frozen Chicken Mac Refried Beans SPANISH RICE Peas & Carrots Grapes, Fresh Tossed Salad Cantaloupe Cookies Cowboy JUICE, VARIETY MILK - Variety	Sep - 2 Chicken Nuggets Meatloaf Hot Rolls Creamy Mashed Potatoes Country Gravy Seasoned Spinach Blackeye Peas Hot Cinnamon Apples Pears, Slice Plain Jello Celery Sticks Tossed Salad JUICE, VARIETY MILK - Variety	Sep - 3 Hamburger on a Bun Cheeseburger On A Bun Chili Dog/Plain Chili, Frozen BBQ Baked Lays/Cool Ranch Beans Ranch Style MIXED VEGETABLES Lettuce & Tomato pickle slices Watermelon Cubes JUICE, VARIETY MILK - Variety
Sep - 6 HOLIDAY	Sep - 7 PIZZA, PEPPERONI LAID BACK LASAGNA Bread Sticks Cheesy Cauliflower Peas, Green Corn Frozen Tossed Salad Waldorf Fruit Salad Pineapple Tidbits JUICE, VARIETY MILK - Variety	Sep - 8 CHICKEN ENCHILADAS Burrito/W Chili Tortilla Soup Refried Beans SPANISH RICE Squash Casserole Applesauce Sweet Cantaloupe Tossed Salad Banana JUICE, VARIETY MILK - Variety	Sep - 9 Steak Fingers Salisbury Steak Hot Rolls Creamy Mashed Potatoes Country Gravy Squash Green Beans Chocolate Pudding Plain Jello Carrot Sticks Tossed Salad JUICE, VARIETY MILK - Variety	Sep - 10 Hamburger on a Bun Cheeseburger On A Bun Fish Sandwich BBQ Baked Lays/Cool Ranch Corn on the Cob BAKED BEANS Lettuce & Tomato pickle slices Cole Slaw Watermelon Cubes Orange Sherbet JUICE, VARIETY MILK - Variety
Sep - 13 Croissant Ham & Cheese Chicken Nuggets Texas Toast Beef Vegetable Soup/CISD Scalloped Potatoes Buttered Carrots Peas, Green Pears, Slice Cantaloupe Lettuce & Tomato pickle slices JUICE, VARIETY MILK - Variety	Sep - 14 PIZZA, PEPPERONI Chicken Alfredo Mozzarella Cheese Toast Corn on the Cob Seasoned Spinach Carrot Sticks Tossed Salad Fruit Cocktail Peaches Sliced Banana JUICE, VARIETY MILK - Variety	Sep - 15 Fiesta Salad/M.S.H.S Chicken Fajitas Tortilla Soup Broccoli-Rice Casserole Seasoned Spinach Baked Sweet Potatoes and App Grapes, Fresh Apple, Fresh Cake Chocolate Tossed Salad JUICE, VARIETY MILK - Variety Jalapenos	Sep - 16 Steak Fingers Hot Rolls Fish Strips Creamy Mashed Potatoes Country Gravy MACARONI AND CHEESE Green Beans Hot Cinnamon Apples Cole Slaw Plain Jello Tossed Salad Watermelon Cubes JUICE, VARIETY MILK - Variety	Sep - 17 Hamburger on a Bun Cheeseburger On A Bun Ravioli Casserole Texas Toast BBQ Baked Lays/Cool Ranch Beans Ranch Style Peas & Carrots Lettuce & Tomato pickle slices YOGURT Pears, Slice Fruit Salad JUICE, VARIETY MILK - Variety

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 20 Clux Deluxe/Bun CORN DOG CHEESE SOUP Crackers Beans Ranch Style Sweet Potato Fries Hot Cinnamon Apples Lettuce & Tomato pickle slices Carrot Sticks Pears, Slice Brownie, Fudge JUICE, VARIETY MILK - Variety	Sep - 21 PIZZA, PEPPERONI Beef-A-Roni Dry Pinto Beans Corn Bread Buttered Carrots Fruit Crisp Tossed Salad Pears, Slice Banana JUICE, VARIETY MILK - Variety	Sep - 22 Beef Tacos Crispito Tortilla Soup SPANISH RICE Refried Beans Broccoli Peaches Sliced Celery Sticks Tossed Salad Ranger Cookie JUICE, VARIETY MILK - Variety Jalapenos	Sep - 23 Country Fried Steak Hot Rolls Oven Fried Chicken MACARONI AND CHEESE Green Beans Creamy Mashed Potatoes Country Gravy Tossed Salad Peaches Sliced Plain Jello JUICE, VARIETY MILK - Variety	Sep - 24 Hamburger on a Bun Cheeseburger On A Bun FRITO PIE BBQ Baked Lays/Cool Ranch Squash BAKED BEANS Fruit Cocktail Lettuce & Tomato pickle slices Orange Sherbet JUICE, VARIETY MILK - Variety
Sep - 27 Steak Fingers Chicken Spaghetti Mozzarella Cheese Toast Chicken Noodle Soup Crackers Scalloped Potatoes Buttered Carrots Green Beans Cantaloupe Tossed Salad Waldorf Fruit Salad Ranger Cookie JUICE, VARIETY MILK - Variety	Sep - 28 PIZZA, PEPPERONI SPAGHETTI AND MEAT SAUC Bread Sticks Corn Frozen Cheesy Cauliflower Dry Pinto Beans Corn Bread Tossed Salad Oranges/M.S. Banana JUICE, VARIETY MILK - Variety	Sep - 29 Nachos /M.S.&H.S. Chicken Quesadillas Tortilla Soup Refried Beans Hot Cinnamon Apples SPANISH RICE Tossed Salad Peaches Chocolate Pudding JUICE, VARIETY MILK - Variety Jalapenos	Sep - 30 Country Fried Steak Hot Rolls Chicken Fajita Wrap Creamy Mashed Potatoes Country Gravy Squash Casserole Broccoli Pineapple Tidbits YOGURT Plain Jello Celery Sticks Tossed Salad JUICE, VARIETY MILK - Variety	

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